



London Dynamo Summer Road Race Sunday 27th June 2021

Under the Technical Regulations of British Cycling and standard highway conditions

Course information

Headquarters: North Hall, Guildford Road, Loxwood, Sussex, RH14 0SF

Course Details: Kirdford Circuit

	Men	Women
Race	National B	Regional A
Categories	E/1/2/3	2/3/4
Prizes	1st £100, 2nd £75, 3rd £50	
Distance	123.2km / 76.6 miles	77km / 47.8 miles
Lap Distance	15.4km / 9.6 miles	
Laps	8	5
HQ opens / reopens	08:00	12:45
Sign On Opens	08:15	13:00
Sign On Closes	09:00	13:30
Reserves Sign on	0900-0905	n/a
Rider Briefing	09:10	13:45
Race Start time (ex HQ)	09:30	14:00

Race Officials

- Chief Commissaire: Graham Wood
- Assistant Commissaire: Paul Hide

Field limited to 60 riders. Rider safety briefing mandatory, any riders not attending will not start. Prize giving will be held within 1hr of the race finish.

Venue information

Parking



Parking will be tight at North Hall, but there should be space to squeeze in around 50 - 60 cars. If you are leaving your car for the race, we will aim to park you towards the back and you may end up blocked in (only by cars in the same race), but we will take contact details for any blocking car so they can quickly be moved.

Please do not arrive before 1245 or even 1300 for the afternoon women's race, as it will be better if some of the morning riders have cleared the site. There is less time pressure as the race is not oversubscribed and there are fewer riders

If you are being dropped off, please make that clear to the car parking marshalls and they will direct you to a more accessible place.

There will be parking in the local villages, but please avoid parking on the course itself and adding to a potential problem or parking inconsiderately.

Covid Measures

This race is taking place before the full easing of COVID restrictions, which will have a relatively minor impact, but the following should be noted:

- There will be limited catering at the event - mainly pre wrapped nutrition bars and the like. You are advised to bring your own food and beverages
- Sign on and race briefings will take place outside the hall (or the weather changes, using a one way system)
- If you need to go inside the hall to use the toilets, you will need to wear a face covering (unless exempt) and follow the one-way system.
- Only 6 people will be allowed in the hall at any one time, so please be polite to the poor volunteer who has to control that - they probably don't see the point either, but rules are rules!
- Please arrive changed, wearing your team / club kit and ready to race, or at least relaxed about showing off your tan lines in the open air, as there will not be any indoor changing facility!
- There will not be a formal prize giving ceremony
- Riders should not hang around after the event (on the pitch or in the tunnel!) but leave promptly respecting social distancing protocols, and women racers should avoid arriving too early to allow the men a chance to vacate the area..



Please read the attachment about the BC Behaviour code and the British Cycling Covid Guidance below

3.2. Event volunteers, officials and participants

The Event Organiser will act as the Covid-19 Safety Officer and will be responsible for the planning, implementation and monitoring of mitigation measures...

...All event officials, volunteers and participants should:

- Ensure they are aware of and adhere to the latest Government and British Cycling guidelines.
- Those in the extremely clinically vulnerable category should monitor and follow specific Government guidance to determine if they can attend the event. Officials in this category are encouraged to play a role in any pre event planning if able to do so.
- Read in advance, and listen on the day, to all event communications, and adhere to them accordingly.
- Be responsible for your own actions and how they may impact others, and do not attend if you are not comfortable with the arrangements in place.
- Take responsibility for their own hygiene at the event, by washing or sanitising their hands regularly, and practicing good respiratory hygiene (when coughing or sneezing).
- Take responsibility for their general behaviour at the event as defined in our Behaviour Code.
- Support each other to adhere to the mitigation measures put in place at the event, recognising their duty of care to themselves and others present.
- Feel assured that the event organiser has considered mitigation and has provided the correct equipment to enable this.
- Adhere to social distance requirements at all times. In the rare instance that this is not possible (e.g. for safety or medical reasons) time spent in close proximity to anyone else should be minimised.
- Notify the event organiser if they develop symptoms after the session so that other participants and event volunteers can be informed via 'Test and Trace' protocols. See Section 6 for more details.
- While riders, officials, medics and coaches are not required to wear face coverings while present in a competing, work or volunteering capacity, they should wear a face covering at all other times when inside an indoor sports facility.

Behaviour Code

British Cycling Covid-19 Guidance



Self-assess

Don't leave the house if you have any Covid-19 symptoms, and follow NHS Test and Trace procedures.



No spitting

Please don't spit, and if you need to cough or sneeze please do so in a tissue or the crook of your elbow. Always throw used tissues in a bin. Dispose of your tissue as soon as possible.



Read the guidance

The event environment will be different to what you're used to, so read the relevant guidance from British Cycling and the event organiser.



Listen to officials and volunteers

Make sure you're present and attentive during any briefings, and follow any on-site instructions. If something doesn't look right, report it.



Keep your hands clean

Wash and sanitise your hands regularly. Some sanitiser may be provided, but bring your own just in case.



No shouting

Evidence suggests that shouting increases the risk of transmission, so please communicate calmly.



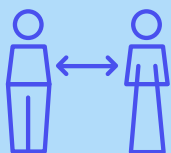
Be self-sufficient

Bring your own equipment and refreshments, as usual hire and catering facilities may be unavailable.



Say thanks

We couldn't enjoy racing without the support of our event organisers, officials and volunteers – so say thanks!



Maintain social distancing

Make sure you keep at least two metres from others before and after your race – particularly in busy waiting areas.



Have fun

With no ranking points at stake, enjoy the race and have fun!

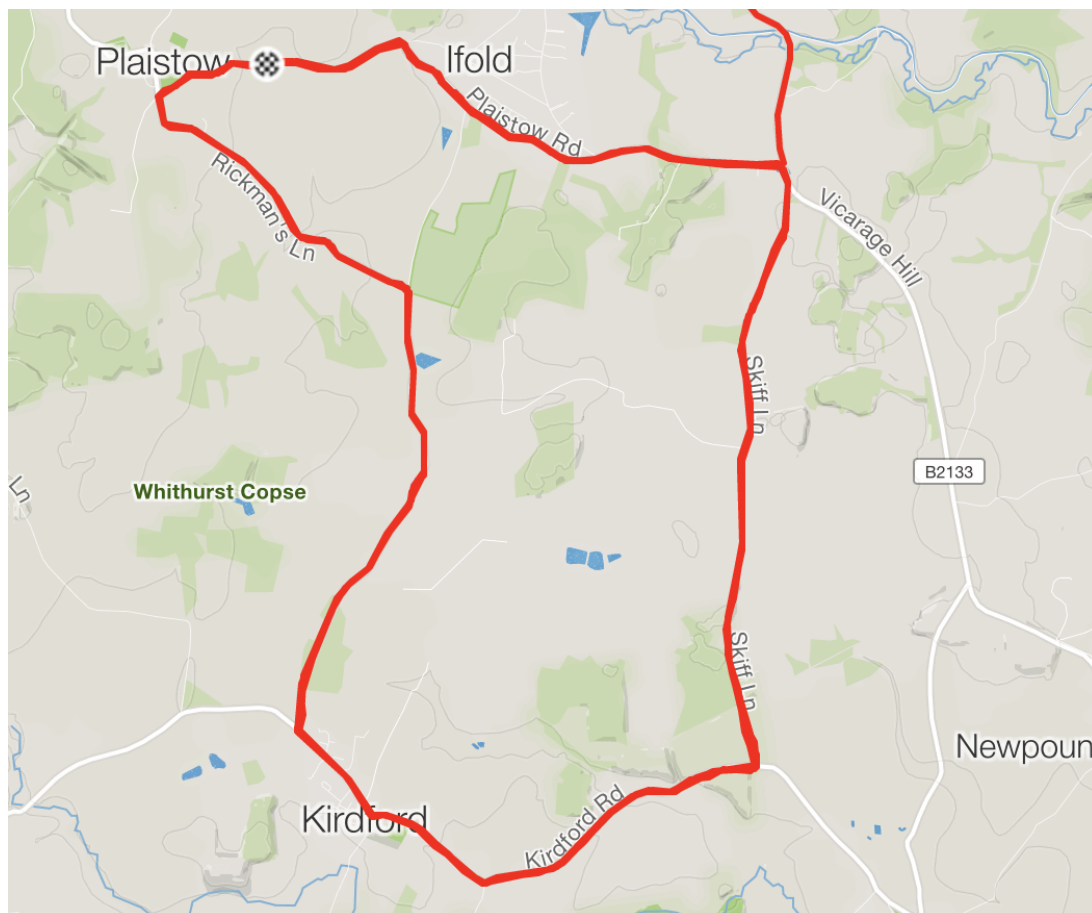
Course details

The race is neutralised from HQ to Plaistow Road.

Riders will leave HQ and turn right, heading south on Guildford Road, continuing south on the High Street and Vicarage Hill before turning right onto Plaistow Road. Then west through Ifold before and turning left onto Loxwood Road where riders will cross the finish line for the first time after 0.4 miles

The course then runs anti-clockwise heading west from Loxwood Road to Plaistow, where it cuts a corner and then south down Plaistow Road into Kirdford. From Kirdford it runs east along Kirdford road before turning north up Skiff Lane. It briefly joins the before turning left into Loxwood Road towards the finish line.

Course map



Kirdford Course on Strava:

<https://www.strava.com/segments/684394?filter=overall>

Finish area is at the top of the small climb, adjacent to the layby on the right side of the road, 200 meters before Plaistow.

Course Hazards

All major junctions will have Accredited Marshals who will endeavour to control approaching traffic, but this doesn't mean that you are racing on closed roads.

1. Loxwood Road > Cut > Rickman's Lane (4 Marshals)
2. Plaistow Road > Kirdford Road (2 Marshals)
3. Kirdford Road Junction (1 Marshal)
4. Kirdford Road > Skiff Lane (2 Marshals)
5. Skiff Lane > B2133 > Plaistow Road (3 Marshals)
6. Loxwood Road across start-finish (0.4 miles west of junction 150 yards East of the crossroads to Seal Road)



The course goes through 3 villages, with very little pavement, so you may encounter pedestrians and their dogs and children in the road. It also passes 2 children's playgrounds and there are multiple private driveways around the course.

Convoy cars will travel at max 30mph through villages, while they will aim to leave room, do not expect them to accelerate to get out of your way in village areas.

There are likely to be parked cars on the roadside in the villages of Plaistow and Kirdford which will change on each lap.

The area is a popular horse riding area and there are 13 bridleway intersections on the course.

There is a drive in / drive out Village Store in Kirdford (excellent sausage rolls!) which is popular and there may be elderly churchgoers driving between Kirdford and Plaistow around 1000 and 1100. There will also be a parish BBQ taking place so take care around the Kirdford church later in the morning.

The road surface is quite inconsistent, particularly on the southern section beyond Kirdford and up Skiff Lane. There are several bad potholes and road distortions, so alert your fellow riders and you are strongly recommended to ride or drive round the course to familiarise yourself prior to the start.



Respect for Local Community

Local residents have a lot of weekend cyclists and sportives transiting and have expressed concerns about the behaviour of cyclists in the area (shouting and swearing, buzzing slower riders, large pelotons, littering, riding too fast etc). The work of those who support cycling in the area can be quickly undermined and the local residents are particularly active on speed limits; you may even see locals with speed cameras, so convoy cars will stick to the 30mph speed limits in villages at all times.

Whilst many of these criticisms would not apply to an organised Road Race, it is imperative that this event is raced responsibly and reflects the sport positively. This means:

- Zero tolerance of any litter (empty gels etc - put them in your back pocket!)
- Respect for the concerns of local residents when transiting the villages
- Friendly and helpful marshalls

First Aid

First aid will be provided by Event Medic Services Ltd within the race convoy.

Race Organiser

David Stroud

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The men's event is oversubscribed, so please let me know ASAP if you are unable to ride so that I give reserve riders notice that they can ride.

All reserves who are unable to race will have their entry fees refunded.

Full fees refund will be given for withdrawals of riders with accepted places up to 2359 on Thursday 24th June.

Rider safety guide

This race is run under British Cycling's technical regulations and under standard highway conditions therefore you **MUST** abide by the rules of the road.

Safety

- You are not on closed roads and you will face oncoming traffic

Marshals (static or moto)

- Direct riders around the course and warn other road users a race is taking place
- Marshals do not create road closures or make it safe to race on the right hand side of the road

Actions

- You are responsible for your own actions
- Race on the left hand side of the road – do not cross solid white lines and always avoid crossing broken white lines
- Persistent offenders will be penalised (eg disqualification or a fine)
- If necessary the race will be stopped

Responsibility

- Look after each other, behave responsibly and safely
- Do not take unnecessary risks - your actions could have serious consequences

Think

- About your position on the road
- Rider behaviour is critical to protecting the future of road racing
- We all have a part to play

LOOK THINK COMMUNICATE

Encouraging responsible racing across all levels of road racing in Britain and building a culture of collective responsibility among everyone involved in the sport britishcycling.org.uk/racesmart